

Pre-Kindergarten Health & Wellness Information

Welcome to Father John V. Doyle School! Surely as you and your family prepare for this new stage of entering school, you may have many questions. We have compiled this guide to hopefully answer some of the most commonly asked questions that arise regarding health. Of course, you are most welcome to contact your child's teacher or the school nurse at any time during the school year as concerns arise.

Getting Started

Every student will have a health record kept on file that will follow them through their school years. In it we will keep updated information about their growth, pertinent medical information such as allergies or chronic conditions, and immunizations. ***Before your child can attend school***, we must have documentation from their physician that they have met the immunization requirements from the RI Dept. of Health. (Please see the enclosed sheet with requirements)

Common Concerns

Allergies: Please be sure to complete the enclosed new student Health History form and especially include knowledge of any allergies. Due to the high prevalence of food allergies, we ask that you do not send in any consumable treats, whether purchased or home-made, to be shared with the class. Thank you for understanding.

Medications/Treatments: If your child will require a medication or treatment to be administered in school, the nurse must have a signed order from their physician in order to do so. This includes Epi-Pen treatments if they have a severe allergy.

Illness/Absenteeism

If your child is going to be absent, whether for recreation or sickness, please notify their teacher or the school (821-3756). Especially if your child has a contagious illness, please let the school nurse know why they are out so that other families can be made aware of symptoms to be aware of. Thanks!

Deciding when to keep your child home can often be a tough call. Here are some guidelines that we ask everyone to follow:

Fever: If your child has a fever of 100F or greater, they should stay home until they are fever free for 24 hours without the aid of a medication such as Tylenol or Advil.

Vomiting/Diarrhea: Students should be free from these symptoms for 24 hours before returning to school.

Conjunctivitis: This infection of the eye is easily spread. Students should be on antibiotic treatment for at least 24 hours before returning to school.

Strep-throat: Again, students should be feeling better and at least have been on antibiotics for 24 hours before returning to school.

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Illness/Absenteeism cont.

Of course, there may be times when your child is not exhibiting one of the symptoms listed above but is still feeling quite poorly. We recommend that students who are not feeling well, are excessively fatigued, and will not be able to participate in their usual fashion stay home until they are feeling better.

These are some of the most common issues that arise. If other concerns develop as the year progresses, we will follow the recommendations of the RI Dept. Of Health as to the best way to try and maintain a healthy environment for all of our students and staff.

Bathroom/Accident Policy

FJVD's program is designed for children who are comfortable taking care of their own toileting needs. Please take a few moments to review the following checklist of skills. In order to be successful and remain in our Pre-Kindergarten program, ***your child must be able to:***

1. Consistently recognize when he/she needs to go to the bathroom
2. Pull down his or her pants/skirt and undergarments without assistance
3. Sit on the toilet without assistance
4. Wipe themselves after toileting without assistance
5. Pull up his or her undergarments and pants/skirt without assistance
6. Flush the toilet
7. Wash and dry their hands after using the toilet

******We understand that children sometimes have accidents. In order to be prepared for such an occasion, we require that every student have:***

1. an extra change of clothes, underwear, and socks
2. personal cleaning wipes (ex: baby wipes or flushable wipes)

****If your child does have an accident and does not have the needed supplies to change or is having great difficulty cleaning up effectively, we will call their parent/guardian.***

Again, while we understand that children may have accidents, our main priority is maintaining a healthy and safe environment for all of our students and staff. If your child develops a pattern of frequent accidents, please understand that we will need their physician to assess them to rule out a medical condition.

If accidents persist despite all parties best efforts to address the concern, a meeting will be required with the principal to determine whether the child is prepared at the current time to continue with the program.

Health & Wellness Agreement

Student Name: _____

Parent/ Guardian Names: _____

By signing this agreement I verify that I have read and understand the health-related requirements for my child to attend the Father John V. Doyle Pre-Kindergarten program.

___ I have completed the new student Health History Form

___ I have submitted documentation of required immunizations and lead testing

___ I have read and understand the illness/absenteeism policy

___ I have read and understand the bathroom/accident policy

Parent/Guardian Signature: _____

Date: _____